

UCHealth Longs Peak Hospital Foundation

Impact Report | October 2019

A commitment to community health.

We are now two years into the life of our new hospital, and the impact is impressive. Longs Peak Hospital has provided care and services to over 150,000 residents and visitors, received Primary Stroke Center Certification, and earned recognition for providing specialized geriatric care in its emergency department.

As part of the launch of our hospital foundation to support St. Vrain Valley and Carbon Valley, the hospital conducted a community needs assessment. The assessment indicated that 25% of Boulder County youths are obese. To address this high obesity rate and the fact that cardiac disease is the leading cause of death in the U.S., Longs Peak Hospital Foundation has focused on raising funds to expand Healthy Hearts into the St. Vrain Valley School District. Healthy Hearts is an educational outreach program founded in Larimer County.

Healthy Hearts teaches kids about how the heart works and how diet and exercise choices affect heart health. Last school year, the program reached 447 students in five St. Vrain Valley schools. With your continued investment, we can expand Healthy Hearts to motivate students in the entire St. Vrain Valley School District.

As the vaping epidemic in our state and across the nation continues, the Healthy Hearts mission to provide kids with information to make smart choices is particularly important. Colorado leads 37 states surveyed for use of electronic cigarettes among high school students, according to a 2018 Centers for Disease Control and Prevention study.

In this report, you will find more examples of the impact philanthropy has on our community's capacity to support the health of its residents. To stay abreast of all the foundation's activities, please follow us on social media, visit our website or contact us. We are always interested in your ideas for ways to engage more deeply with the causes you are most passionate about.

Erica Siemers,
Regional Executive Director

Longs Peak Hospital Foundation
longspeakhospitalfoundation.org



At the foundation's June corn hole tournament, philanthropic-minded players threw bags to benefit heart-health education for kids. The event raised \$10,000 to help bring Healthy Hearts to more youth in the St. Vrain Valley School District.

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uhealth

Longs Peak Hospital Foundation outcomes.

Provided patient assistance for

362 patients

in emergency need:

- A hospital-style bed for a man in the last stages of cancer.
- A walker for a woman who had recently broken a hip.
- Oxygen at home for three patients, including one newborn, so they could be discharged safely.
- Customization of one wheelchair for a young man with a leg amputation.
- Physical therapy for two patients.
- Clothing for patients with soiled garments so they could go home with dignity.
- Teddy bears for pediatric patients.



Healthy Hearts provided education to

447 students

in five St. Vrain Valley schools.

Aspen Club expanded

to Longmont. This club provides health education, screenings, hospital discounts, social opportunities, and events for adults 50 and over. The club originated 30 years ago in Fort Collins as part of an effort to support healthy aging. Through donor generosity, the club is free to join, as are most of its programs and events. For more information, call 720.718.1690.

Longs Peak Hospital Foundation

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LPH BY THE NUMBERS

Aug. 31, 2018-Aug. 31, 2019

	Pathology and lab tests completed	349,341
	ED visits	32,662
	Births	725
	Prescriptions for inpatients and community members	292,619
	Surgeries conducted at hospital and adjacent surgery center	6,630
	Number of pediatric patients	5,890

Longs Peak Hospital's emergency department, lab, pathology services, pharmacy, and inpatient care served 86,784 people—a nearly 25% increase from the hospital's first year.

Lactation and newborn feeding classes.

Longs Peak Hospital Foundation has directed philanthropic support to the hospital's newborn feeding program through purchase of a computer, medical-grade breast pump and individual patient assistance.



Becky Boyd, a registered nurse and lactation consultant with UHealth, started Longs Peak Hospital's breastfeeding support group shortly after the hospital opened. The group, Becky says, is all about "the relationships and friendships that come out of it. And the empowerment it provides moms helps promote longevity in breastfeeding."

A few months later, she started the family support group, for breastfeeding couples.

"In offering a family group at Longs Peak Hospital, we wanted to include the partners in the feeding journey," Becky says. "So often, fathers, significant others or support people feel like they are just 'looking on' and feel helpless as mothers breastfeed. They need support, and a group that includes them helps them connect and see they are not alone."

Number of participants in lactation and feeding classes:

Year 1	1,324
Year 2	1,680
Total served since program began in 2017	3,004