



UCHEALTH LONGS PEAK HOSPITAL FOUNDATION IMPACT REPORT 2023

We empower our community members to live healthy, generous and meaningful lives.

UCHealth Longs Peak Hospital strives to promote individual and community health and leave no question unanswered along the way. We exist to help our patients live extraordinary lives.

UCHealth Longs Peak Hospital Foundation serves the communities of Broomfield, Erie, Firestone, Frederick, Longmont and surrounding areas.

UCHealth Longs Peak Hospital Foundation provides resources to support innovation, education, patient financial assistance, community health programs, and enhancements to patient care. Many critically important services offered to UCHealth patients and families would not exist without private donations made through the foundation.

LETTER FROM THE BOARD PRESIDENT.

Too many people I know have been affected by cancer. As an oncology nurse, my daughter sees the disease up close as she cares for patients battling cancer. The research shows that the outlook on cancer care is increasingly positive. Mortality rates have decreased by 33% over the last 30 years. Researchers and doctors are constantly identifying new treatments. More people live with cancer than ever before.

UCHealth Longs Peak Hospital is connected to the University of Colorado Cancer Center. On the Anschutz campus, the University of Colorado experts overcome cancer through innovation, discovery, prevention, early detection, multidisciplinary care and education. We are incredibly fortunate to have a partnership with Rocky Mountain Cancer Centers and the University of Colorado.

The sad reality is that nearly 2 million people are expected to receive a new cancer diagnosis this year alone.

Longs Peak Hospital Foundation strives to ensure that excellent care is provided to all patients in our community hospital and the local UCHealth clinics. Your charitable donations help ensure our staff can innovate quickly, respond to patients facing extra needs related to their social and emotional health, and stay at the top of their games through education.

I encourage you to see how we improve the lives of our families, friends and neighbors in the Longmont area through our Longs Peak Hospital Foundation by visiting our website, longspeakhospitalfoundation.org. We have 17 restricted funds and two endowments. Please feel free to reach out to Ashley Kasprzak, UCHealth Longs Peak Hospital Foundation Development Manager, at Ashley.Kasprzak@UCHealth.org, or me at Jane.Cox@HighPlainsBank.com, on the impact a donation will have on UCHealth's efforts to support cancer care, student education and much more.

Sincerely,



A handwritten signature in cursive script that reads "Jane M Cox".

Jane Cox
Board Chair

UCHEALTH LONGS PEAK HOSPITAL COMMUNITY IMPACT.

Our 2022 statistics illustrate how philanthropic support, made possible through donor generosity, has tangible and intangible impacts throughout our community.

Your generosity helped more than 1,500 patients in financial need through:

- Custom lymphedema sleeves
- Transportation assistance
- Multiple weeks of home health
- Oxygen at home
- Housing assistance
- Teddy bears, quilts and clothing for patients



UCHEALTH'S PARENT EDUCATION VIDEOS.



A healthy community supports new families. Thank you to The Braly Family Foundation for granting funds so local experts with UCHealth and TLC Learning Center could create bite-sized videos for parents. In 2022, UCHealth released 35 videos on parenting, child development and safety. Scan the QR code to view the videos.



YOUR GENEROSITY SUPPORTS OUR HEALTH CARE HEROES.

Gifts to our scholarship funds provided seven employees continuing education funds and 23 employees with scholarships for higher education, totaling \$38,500 to help them advance their training and education. Since 2018, the foundation has awarded more than \$130,000 to 120 employees.

Scholarships are one of the most potent ways to invest in a community because they have a multiplier effect. Scholarships help our employees gain new skills and knowledge, which they use to provide outstanding care for the thousands of patients whose lives they touch.

CANCER PATIENTS RECEIVING CARE CLOSE TO HOME.

Cancer is one of the most complex and devastating illnesses someone can have. In May 2022, UCHHealth Radiation Oncology – Longs Peak Medical Center opened. The team provides patients with the latest cancer treatments and support for Longmont and the surrounding areas. Along with offering support, we understand the financial burden the treatments can cause. That is why the foundation, together with the oncology department, has a cancer patient and family assistance fund. Any patient who fits the criteria for assistance can receive help with medical bills, rent or transportation. The department received a grant from American Cancer Society to help with transportation to and from appointments by giving patients gas cards. Receiving this type of assistance helps make getting to appointments a little less stressful for patients.

Genny, an 89-year-old throat cancer survivor, went through radiation treatment. The wonderful experience she had was more than she had imagined. Genny said, “When I first heard the diagnosis of throat cancer, I had a combination of shock, denial, worry, death, dread, fear, misery—you name it. Then gradually with expert doctors, nurses, technicians and therapists, I learned they would be walking me step-by-step through the procedures; I gained confidence and comfort in their very personal care and concern—always cheerful and patient with my endless questions. They were part of a network—like a family—treating me not only as a patient but also as a whole person.”

“Receiving the nursing scholarship from the UCHHealth Longs Peak Hospital Foundation has been such an honor to not only myself, but my family as well. Being a first generation born in America, I am the first to receive my Bachelor’s degree and now first to pursue my Master’s here in the United States. It is a reminder to myself of why I love being in health care and that the learning opportunities are endless.”

—Shalini Naumov, RN
UCHHealth Longs Peak Hospital
Emergency Services Nurse Manager



GRATITUDE IN ACTION.

Expressing gratitude is a powerful part of the healing process for many patients. Our Guardian Angel program enables patients to recognize outstanding service by donating to a range of programs the foundation supports.

Patient Jacqueline honored Melanie Hamann, RN in the LPH Birth Center, with a Guardian Angel award. She felt like Melanie was an amazing teacher and communicator when she provided care for her and her baby. Thank you for going above and beyond to ensure a UCHHealth Longs Peak Hospital family had their best start possible.



LONGS PEAK HOSPITAL FOUNDATION FAST FACTS.

Since our founding three years ago, we have received **more than \$845,000 in gifts and grants** from individuals, businesses, private foundations and state and federal grant sources. Funds have been used to procure vital equipment during the pandemic, help patients in need and support our health care workers.

187 employees donate to UCHealth Longs Peak Hospital Foundation.



"I am writing to convey my greatest of appreciation to the foundation for their amazing generosity. I am an educator in the St. Vrain Valley School District who is just starting out in my teaching career. With the cost of living as it is, educators are often struggling to stay afloat. Last summer, I was hospitalized with an undiagnosed condition. While sitting in the hospital, my thoughts would dwell not on recovery, but on how I was going to be able to pay my medical expenses. Even with insurance, a great burden was placed on my shoulders. This financial drain brought waves of stress that impacted not only myself, but also my family and students. When I learned that the foundation was giving such amazing aid, a sense of relief washed over me. My focus can now be placed on what is important: Being a family member and helping my students grow. Thank you, not only on behalf of myself, but from my community as well."

– UCHealth Longs Peak Hospital grateful patient

UCHEALTH LONGS PEAK HOSPITAL BY THE NUMBERS FISCAL YEAR 2022

	Available beds	63
	Babies delivered	865
	ER visits	29,698
	Surgeries	3,466
	Inpatient admissions and observation visits	5,741
	Outpatient visits	81,221





MOBILITY FOR CRITICAL PATIENTS

Linda Mielke, a retired nurse who worked for over 40 years, shared that she was experiencing major health care challenges. She said that the UHealth team gave her an accurate diagnosis and excellent care. She shared that she loved UHealth Longs Peak Hospital and all the staff members. Linda was diagnosed with Parkinson's disease in September 2022.

According to the National Institute of Health, Parkinson's disease is a brain disorder that causes unintended or uncontrollable movements, such as shaking, stiffness and difficulty with balance and coordination. Symptoms usually begin gradually and worsen over time. As the disease progresses, people may have difficulty walking and talking. The disease had progressed for Linda.

On October 13, 2022, Linda was preparing to discharge to a specialized care facility. She asked her care providers if they could go outside together. Linda highly valued her team and simply wanted to spend precious time with them in the fresh air.

Her care team was able to safely transport Linda outside to the Longs Peak Hospital courtyard. Therapist Leonard Casey LaSala said that he really appreciates having a unique chair called a Sara Combilizer. The chair improves mobility for intubated patients. Mobility improves vital functions and quality of life.

Thanks to contributions from individual donors and attendees of the 2020 Clay Shoot, UHealth Longs Peak Hospital Foundation could purchase the chair to improve patient outcomes in our intensive care unit. Linda directly benefited from this capital investment. The Sara Comobilizer helps improve respiratory function, increases levels of consciousness and improves psychological well-being.

Linda was thrilled to be able to get outside with her team including respiratory therapist Debbie Martinez, certified nursing assistance Rachel Carroll, registered nurse Bryn Lord and therapist Leonard Casey LaSala.

UCHEALTH HEALTHY HEARTS AND MINDS PROGRAM GROWS.

Health experts and contemporary philosophers discuss questions like:

- Who is responsible for a child's health?
- What role does society play in children's health?
- Can children take an active role in their health?
- Why are childhood obesity rates climbing?
- Colorado ranks 16th in the nation for child health outcomes, yet there is a mental health crisis for children and youth in our state. Why?

UHealth goes beyond debating and plays an active role in children's lives by leading health education and disease prevention. Twenty-five years ago, Dr. Gary Luckasen developed a program called Healthy Hearts. Philanthropic support made it possible for the program to expand to the Longmont area in 2019.

During the 2022-2023 academic year, UHealth educators are expected to reach 7,643 students in the St. Vrain Valley School District. Last academic year, the program reached 5,808 students.

Healthy Hearts, now called Healthy Hearts and Minds, is a school-based program that provides heart-health education and cholesterol screenings to elementary, middle and high school students. UHealth experts provide age-appropriate education on the risk factors of cardiovascular disease (smoking/vaping, stress management and mental health, nutrition and exercise).

Schools may also choose to engage in the 5210+ Healthy Kids Club Challenge. This challenge is a school-wide annual program held in February where students and staff keep track of their activity minutes and other 5210+ healthy habits. 5210+ is an abbreviation for five servings of fruits and vegetables, two hours or less of screen time, one hour or more of exercise and zero sugary drinks. The plus represents nine or more hours of sleep each day.





WE ADVANCE PHILANTHROPIC INNOVATION FOR HEALTHY, EXTRAORDINARY LIVES.

What we do:

We provide student, employee and community education, patient financial assistance, state-of-the-art health care equipment and foster patient comfort and safety for UCHealth Broomfield Hospital, UCHealth Longs Peak Hospital and affiliated clinics.

How we achieve what we do:

We engage individuals, businesses and foundations to secure financial and in-kind support.

100% of every donated dollar goes to UCHealth Longs Peak Hospital Foundation's philanthropic funds, with no overhead costs or administrative fees.

UCHEALTH LONGS PEAK HOSPITAL FOUNDATION STAFF:



ASHLEY KASPRZAK
Development Manager

UCHEALTH LONGS PEAK HOSPITAL FOUNDATION

BOARD OF DIRECTORS:



NOREEN BERNARD
EdD, RN, NEA-BC
Ex Officio Board Member
Chief Nursing Officer
UCHealth Longs Peak Hospital



TAMARA BYRD
Branch President
Bank of Colorado



CANDY CAMPBELL
Owner
Campbell Scott
Productions



DENNIS COOMBS
Co-Owner
Pumphouse Brewery



STACY CORNAY
Owner
Communication
Concepts



JANE COX
Board Chair
Senior Wealth Advisor
High Plains Bank



LONNIE CRAMER, MS
President
UCHealth Longs Peak Hospital
UCHealth Broomfield Hospital



GEOFF HOWE
Consultant
Howe Mortuary



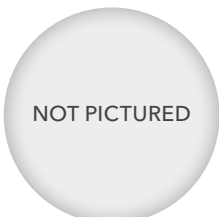
STEPHANIE KOENIG
Ex Officio Board Member
VP Operations
UCHealth Longs Peak Hospital



RITA LIU
Founder and President
Asian-Pacific Association
of Longmont



ERIN MAGSAMEN
Vice President
Visa Inc.



LISA MICHALSKI
President
Traffic Signal Controls



TODD O'DONNELL, CPA
Manager
O'Donnell & Dennis
CPA's, LLC



REV. DR. KAY PALMER MARSH
Retired



JOEL PIEPER, CPA
Owner
Pieper Law



AIMAN RAUF (HUSSAIN), MD
Hospitalist
UCHealth Longs Peak Hospital
UCHealth Broomfield Hospital



KARIN SNYDER, BS MT (ASCP)
Owner
Snyder Insurance
Associates, LLC



LORI SUTORIUS JONES
President and CEO
Avocet Communications

UCHEALTH LONGS PEAK HOSPITAL FOUNDATION IMPACT REPORT 2023

UCHealth Longs Peak Hospital Foundation

1750 E. Ken Pratt Blvd.

Longmont, CO 80504

720.718.3015 | lph-foundation@uchealth.org

longspeakhospitalfoundation.org

